




May 2022 Newsletter

MEETINGS	Committee Meetings <i>virtual until further notice</i>	Community Meetings <i>22 Orlin Ave SE, PPUMC</i>
<p><i>For the most up-to-date list of meetings please check the PPA Calendar. All committee meetings are taking place virtually unless otherwise noted.</i></p> <p>ABOUT PPA Prospect Park Association is the official neighborhood association for the Prospect Park Area of the city of Minneapolis.</p> <p style="text-align: center;">Donate to PPA</p>  <p>Prospect Park Association is a 501(c)(3) charitable organization, and all donations are tax-deductible.</p>	<p>Community Building Committee Thursday May 5, 4:30pm</p> <p>Environment Committee Tuesday, May 10, 6:30pm</p> <p>Finance & Administration Committee Thursday, May 12, 6pm</p> <p>Land Use & Planning Committee Wednesday, May 11, 7:30pm</p> <p>Transportation & Safety Committee Wednesday, May 11, 7:30pm</p>	<p>PPA Board Meeting & Community Meeting --virtual meeting-- Monday June 27th 6:30pm - 8:00pm <i>Note: access info on PP-elist</i></p> <p><i>All Community Members are welcome!</i></p> <p>Management Council <i>Sets Community & Board Meeting Agendas</i> Monday, June 13, 7pm</p>

GET INVOLVED!

[PPA Event Calendar for Updated Meeting Information](#)

Join us!

PPA Annual Neighborhood Meeting & Board Election

Monday, May 9th, 2022, 6:30pm

- Meet the Board of Directors candidates

Each candidate is invited to give a brief introduction. Nominations for write-in candidates will be accepted during the meeting.

- Neighborhood annual review
- Special Guests

[RSVP Here for the Annual Meeting/Board Elections](#)

**Online Voting for the Board Election will be open from
May 9-16, 2022**

Anyone who lives or works in the Prospect Park neighborhood is eligible to vote. Ballots will be accepted at the close of the Annual Meeting on May 9th through May 16, 2022 at 4PM

Email any questions to staff@prospectparkmpls.org

Voting Ballot Here

2022 PPA Board Election Candidates (listed alphabetically)	
<u>2-year term (2022-2024): 7 seats open</u>	
Eric Amel	
Dan Cross	
David Frank	
Britt Howell	
Karl Krause	
Jerry Stein	
Jane Stockman	
<u>1-year term (2022-2023): 1 seat open</u>	
Susan Larson-Fleming	

[Learn More About the Candidates Here](#)



BrittFit50-🚲 Indigenous Health along with Nice Ride Mpls will be at this years Community Connections Conference Saturday, May 21, 2022!

Time: 9:00AM - 3:00PM

Location: Minneapolis Convention Center
Hall B, Level One

"Community Connections Conference is a free event that connects residents of Minneapolis, community groups, neighborhoods and local government. This year's conference theme is "forward together," welcoming all communities to reconnect with the City and get involved in moving Minneapolis forward."

The first 20 people to stop by BF50-🚲 Community Table will be able to plant seeds & prep their Take-home Organic Gardening Planters plus learn more more about E-Bikes & how they can join us for Neighborhood Group Bike Rides Connecting Community!

Learn To Bike with BF50-🚲 Indigenous Health!🚲

PROSPECT PARK YARD AND TAILGATE SALES JUNE 18-19, 2022

Registration is now open for the 2022 Prospect Park Yard and Tailgate Sales. **The sales will be held June 18-19 (18th only for tailgate sale), rain or shine.** Advertised time will be 9am-4pm.

As the weather warms and spring cleaning shifts into full swing, consider holding off on that trip to the donation center and setting those items aside for a yard sale instead! Clean items that are dusty or dirty, and price them as you set them aside to make setup easier the day of the sale. Also start to gather boxes or bags for shoppers to use.

(Note the yard sales have historically been held on the same weekend as the Garden Club's garden walk and plant sale, but those events will not be happening this year. There will, however, be an Eco Tour on the 18th hosted by the PPA Environment Committee. Maps will show locations for both events.)

WHAT IS THE TAILGATE SALE?

The tailgate sale is held in the Pratt School parking lot. This is a great option if you don't have a good place to set up a sale at home, or you just don't have enough stuff to justify setting it all up. Those participating in the tailgate sale bring their items to the Pratt parking lot, find a place to park, and then open their trunks and tailgates and sell from there! It's a good idea to bring a small table or blanket to put your items out on.

TO REGISTER:

1. Contact: Jenny Michlitsch, jrmichlitsch@hotmail.com, 612-840-5519 (cell).

Please include:

- Contact email
 - Street address of sale or whether you will participate in the tailgate sale at Pratt
 - Phone number
 - Short list of items/categories of items you will have for sale (you can also provide or update this list later if you need to)
 - Which day(s) your sale will be (Saturday only or Saturday + Sunday); (Tailgate sales will be Saturday only.)
2. Deliver the \$8 registration fee to Jenny Michlitsch (cash or check made out to PPA) via mail or drop off in person at **86 Arthur Ave. SE** (mail slot is in front door). You will get a receipt.
 3. **Registration deadline: June 13**

ADVERTISING AND PROMOTION:

- **Map:** Sale locations (for those who registered and pay the fee only) will be included on the sale map, along with the text you provided describing what you will have for sale. You will get maps to hand out at your sale, and they will also be handed out at the Eco Walk check-in point at Pratt.
- **Signs:** Yard Sale signs will be posted along major streets in the PP neighborhood the week before the sale.
- **Ads:** Ads will be placed in the *Star Tribune*, *Pioneer Press*, *The Villager*, *The Bugle*, *Seward Profile* (online), etc. We will also advertise on social media (NextDoor, Instagram, Facebook, neighborhood group pages, etc.)

Saturday, June 18

Last year's EcoTour was such a success that the Environment Committee will offer it again this year on **Saturday, June 18 from 10 am to 1 pm**. This is your opportunity to talk to homeowners about solar panels, heat pumps, geothermal heating, insulation and more. We'll also have a variety of electric cars to see and learn about. The Center for Energy and the Environment will have information about energy audits. As we learn more about the weather in Minnesota, and the need to get ourselves off fossil fuels, this is a great time to talk to those who have taken a leap to move us in that direction. Maps and other information will be available at Pratt School beginning at 10 am. Watch for details in the June Newsletter and on the PPEList.

Garden Tour and Plant sale cancelled for 2022

The Prospect Park Garden Club has decided to take a break from organizing a garden walk and plant sale for 2022. There will still be an Eco Tour and Garage Sales.

"Residents try 'traffic-calming' to curb accidents, reckless driving"

Transportation & Safety Committee Chair, Evan Roberts, in the News



Residents in a neighborhood near the University of Minnesota in Minneapolis are taking steps to prevent reckless driving in their community, placing wooden planter boxes at two intersections.

Watch the full video for more about the Traffic Calming Planters and the plans for the Jackson Family Memorial playground:

<https://www.fox9.com/news/residents-try-traffic-calming-to-curb-accidents-reckless-driving>

PPA Board/Community Meetings and Approved Minutes

February 24, 2022 [Finance Committee](#)

March 28, 2022 [Board/Community Meeting](#)

Upcoming PPA Board/Community Meeting

PPA Board/Community Meeting, all community members welcome!

Next meeting: Monday, June 27, 2022 | 6:30-8:30 pm

Virtual meeting access information will be provided through newsletter and PP-elist. PPA Board/Community Meeting Agendas will be available at least 5 days before the meeting, published in a short email newsletter and the [PPA website](#).

Donate to Prospect Park Association

Prospect Park Association is a 501(c)(3) charitable organization. All donations are tax-deductible. [Simply click here](#) or mail checks to: PPA, P.O. Box 141095, Mpls. 55414.



Welcome First Independence Bank to Prospect Park!

Minnesota's first Black-owned bank had its grand opening on April 26.



photos by Liza Davitch

Stop in, say hello, and open an account with them!

3430 University Ave SE, Minneapolis, MN 55414

<https://www.firstindependence.com>

<https://www.mprnews.org/.../minnesotas-first-black-owned...>



Thursday, May 12th, 7:00pm – 8:30pm (Virtual Meeting)

Such a Fun Age by Kiley Reid



Halcyon Days is a book club that doesn't take itself too seriously; like hanging out with old friends you didn't know you had! This book club is free and open to everyone. Hosted by Kyle from Arvonne Fraser Library, this book club will meet the **second Thursday of every month.**

To register for the Halcyon Days Book Club, follow this registration link: <https://hclib.bibliocommons.com/events/61e6d7f940ff262f00623600>

A link to the live online discussion will be emailed to registrants within 48 hours of the event.

May 12: [Such a Fun Age](#) by Kiley Reid



Volunteers needed for spring clean up & occasional yard work in SE Minneapolis

Southeast Seniors, a neighborhood agency helping older adults stay living independently in their homes, is seeking volunteers for occasional yard work assistance – including spring yard clean up! If you enjoy working outside and want to make a difference in your community, please consider this opportunity! Spring yard clean up involves a couple hours raking leaves & winter debris, bagging it and

hauling it to the curb. You can volunteer at your convenience around the last week in April/first week of May. We provide the yard waste bags & have rakes to loan. Volunteer alone or as a group! Volunteers also are needed for occasional yard work assistance – trimming bushes, weeding, and other light yard chores throughout spring & summer. Say YES when you can, and NO when you can't! These opportunities are a flexible, low-commitment way to make a difference in your neighborhood and in the life of an older adult neighbor! For more information, contact Ann Carter at ann@seseniors.org or 612-331-2302.

Count Me in Como

Join us for this monthly social hour where we will gather to enjoy conversation as we play cards and board games together. Co-sponsored by Southeast Seniors and Pratt Community Education. Participants must wear a face covering, maintain social distance and assess their own health prior to joining this group. All in-person programs will follow Minneapolis Community Education's current COVID-19 safety protocols.

Location: Van Cleve Park, 901-15 th Ave. SE

Dates: Thu May 5th , Thu June 9th

Time: 10:30 - 11:30 AM

Cost: Free

Call Pratt Community Education at 612-668-1100 to register!

Southeast Lifelong Learners

The programs below are co-sponsored by Southeast Seniors & Minneapolis Community Education. They are offered on a sliding fee scale, with a suggested contribution of \$0-\$5.

To register or for more information:

** Call 612-668-1100 and provide your name, phone number and email address*

** Use the link included below the class description to register online*

Beginning Line Dancing, led by Ann Carter

Van Cleve Park, May 11th , 1:30-2:30 pm

Come join dance teacher Ann Carter for an hour of simple, fun line dancing! No experience and no partner necessary! Ann will teach lead us through several basic,

beginner line dances. Line dance is the perfect pandemic dance form as there is no touching and we naturally keep space between the dancers! Please join us for some exercise and comradery!

Ann Carter is a dance teacher and square dance caller in the Twin Cities and beyond. Having always enjoyed line dancing, Ann discovered what a good fit it was for Covid times when square dancing was on hold. Ann has since discovered great joy in teaching basic line dancing to folks of all ages. Ann is also the Volunteer Coordinator at Southeast Seniors, and is excited about teaching this class to Southeast Minneapolis neighbors! For more info about Ann, please visit: [www. anncartercalling.com](http://www.anncartercalling.com)

Living Exceptionally with Plant-Based Nutrition for People Ages 55+

Prospect Park United Methodist Church, May 18, 2022, 10-11am

In this workshop, participants will learn about the foundation of plant-based eating and its many benefits:

- Why research supports plant-based nourishment and how to minimize our impact on the environment through food selection.
- Set in motion practical methods to improve nutrition quality in support of physical and mental health with age.
- Collect ideas for strategic grocery shopping and discover simple cooking methods with budget-friendly foods.
- Improve nutrition knowledge in a simple and functional way that can be shared with others.

Lauren Plunkett, RDN, CDCES is a registered dietitian and certified diabetes care and education specialist, working nationwide as a health educator. She specializes in nutrition and exercise for diabetes, and plant-based nutrition for chronic disease and preventive health. She is a fitness instructor, public speaker, and author of the book *Type One Determination*. Read more about Lauren at [www. laurenplunkett.com](http://www.laurenplunkett.com).

THE MARKET AT MALCOLM YARDS

MOTHER'S DAY • Sunday, May 8, 2022

Mom-A-Rama • An arty way to celebrate!
Special Event 11AM-5PM/Open for dining until 9:00PM
501 30th Ave. SE • Minneapolis, 612-886-1022
www.malcolmyards.market

MOM-A-RAMA! Celebrating the Art of Mom

The Market at Malcolm Yards is looking forward to welcoming all Moms, Grandmoms and people you call Mom for Mom-A-Rama, an extra sweet Sunday celebration planned to honor Moms *artfully*. MYM has invited creative arts advocate, Megan Leafblad Gottschalk, to collaborate on this year's very first Mother's Day celebration. Leafblad is bringing together 10 talented local artists for a wonderful day at MYM. There will be an opportunity to meet the artists, view select items available for purchase and a chance to create something of your own to mark this special day.

There is so much that guests will like about being the first at this first MYM Mother's Day event. As always expect great food from 9 inspired chef kitchens, toasting to moms with a crafted MOMOSA from the Sidecar Bar or choosing something special from the ever-flowing tap wall while taking in the artful experience.

DECLUTTERING AND DOWNSIZING SEMINAR

PRESENTED BY GENTLE TRANSITIONS



Jill Freeman



DOES THE THOUGHT OF DOWNSIZING AND MOVING OVERWHELM YOU?

Join presenter Jill Freeman, a Senior Move Specialist and Professional Sorter with Gentle Transitions for a fun and motivational presentation. Jill draws from her vast experience and discusses:

- Common challenges older adults face when making a transition.
- Downsizing tips (what to keep and what not and how to decide).
- Moving guidelines for seniors before, during, and after a move.

Gain valuable knowledge and a multitude of resources to help you get through the process "gently." Come join us!



THE PILLARS OF PROSPECT PARK

11000 LINDSEY | 11000 LINDSEY | 11000 LINDSEY

32 Malcolm Ave. SE
Minneapolis, MN 55414

WEDNESDAY, MAY 18TH, 2022

10-11:00 a.m.

RSVP BY WEDNESDAY, MAY 11 TO JAY BENEDICT

612-623-7007 or Jay.benedict@fairview.org

612-623-7000 | PILLARSENIORLIVING.COM/PROSPECTPARK

Helpful COVID-19 Resources

Governor Walz' Response and Preparation

[Click here for updated Covid-19 news from Governor Walz](#)

Free Covid-19 Testing Hennepin County

[Click here](#) for information on FREE testing open to those with or without symptoms

Additional Resources

[City of Minneapolis](#)

[MN Department of Health](#)

[Center for Disease Control \(CDC\)](#)

[World Health Organization \(WHO\)](#)

OTHER COMMUNITY NEWS

- [Click to subscribe to MN Senator Kari Dziedzic's SD60 newsletter.](#)
- [Click to subscribe to MN Representative Mohamud Noor's 60B newsletter](#)
- [Sign up for Council Member Robin Wonsley Worlobah's Ward 2 newsletters and get updates on the ward and the city.](#)

[Follow the Off-Campus Living Facebook Page](#) and [sign up here](#) for their newsletter to receive updates on safety, business, and more in the University of Minnesota Campus area. Non-students are also encouraged to participate!



[Go to our Website](#) / [Like us on Facebook](#) / [Follow us on Instagram](#)

The Prospect Park Association is a 501(c)(3) charitable organization, and all donations are tax-deductible.

Our mailing address is: PO Box 141095 Minneapolis, MN 55414

Contact us: staff@prospectparkmpls.org 612-767-6531

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